# Ableton Live 12 Mac Shortcuts — by M'Gilvry Allen

## Transport & Playback

| | |
|---|---|
| Space | Play/Stop |
| ⇧Space | Play from Start |
| F9 | Record to Arrangement |
| F10 | Back to Arrangement |
| O | Toggle Metronome |
| . | Tap Tempo |
| ⌘. | Stop All Clips |
| ←→ | Move by Grid |
| ⇧←→ | Move by 1 Bar |

## View Navigation

| | |
|---|---|
| Tab ◆ | Toggle Session/ Arrangement View |
| ⇧Tab | Toggle Device/Clip View |
| ⌘⌥L | Browser |
| ⌘⌥B | Info View |
| ⌘⌥I | In/Out |
| ⌘⌥S | Sends |
| ⌘⌥R | Returns |
| ⌘⌥M | Mixer |
| ⌘⌥O | Overview |
| ⌘⌥G | Filter View (browser) |
| ⌘⇧E | Tag Editor (browser) |
| ⌘⌥D | Device View |
| ⌘⌥3 | Clip View |
| ⌘⇧W | Second Window |
| ⌥⇧F | Follow Playback |

## Grid & Quantization

| | |
|---|---|
| ⌘1 | Narrow Grid |
| ⌘2 | Widen Grid |
| ⌘3 | Triplet Grid |
| ⌘4 | Toggle Grid On/Off |
| ⌘5 | Toggle Fixed/Adaptive Grid |
| ⌘6-9 | Global Quantization (16th/8th/4th/Bar) |
| ⌘0 | Global Quantization Off |

## Zoom & Display

| | |
|---|---|
| Z ◆ | Zoom to Selection (press once for horizontal, twice for vertical) |
| X | Zoom Out to Previous View |
| H | Optimize Height |
| W | Optimize Width |
| + | Zoom In Horizontally |
| - | Zoom Out Horizontally |
| ⇧Z | Zoom to Entire Arrangement |
| ⌘+Scroll | Zoom In/Out |

## Core Editing

| | |
|---|---|
| ⌘D | Duplicate |
| ⌘J | Consolidate |
| ⌘B | Bounce to New Track |
| ⌘⌥V | Paste Bounced Audio |
| ⌥⌘F | Create Fade/Crossfade |
| ⌘E | Split Clip at Playhead |
| ⌘I | Insert Silence |
| ⌘R | Rename |
| ⌥+Drag | Copy/Paste (release mouse before key) |
| ⌥⇧+Drag | Slide waveform within clip (hold ⌘ to slide off grid) |

## Tracks

| | |
|---|---|
| ⌘T | Insert Audio Track |
| ⌘⇧T | Insert MIDI Track |
| ⌘⌥T | Insert Return Track |
| ⌘] | Move Track Up |
| ⌘[ | Move Track Down |
| C | Arm Selected Track |
| S ◆ | Solo Selected Track |
| 0 | Track On/Off |
| U | Fold/Unfold Selected Track |
| ⌥U | Fold/Unfold All Tracks |
| ⌘G | Group Tracks |
| ⌘⇧G | Ungroup Tracks |

## Essential MIDI Editing

| | |
|---|---|
| B ◆ | Draw Mode |
| F | Fold to Notes |
| G | Fold to Scale |
| K | Highlight Scale |
| E+Click | Split Selected Notes |
| ↑↓ | Transpose Semitone |
| ⇧↑↓ | Transpose Octave |
| ⌥↑↓ | Adjust Velocity |
| ⌥⇧↑↓ | Adjust Velocity Deviation |
| ⌥⌘↑↓ | Adjust Note Chance |
| ⌘J | Join Notes |
| ⌘U | Quantize |
| ⌘⇧A | Invert Selection |
| ⌘⇧B | Step Input Mode |

## Session View

| | |
|---|---|
| Return | Launch Clip/Scene |
| ⌘+Return | Stop All Clips |
| ⇧+Return | Toggle Follow Action |
| ⌘E | Toggle Clip View |
| ⌥⌘E | Expand Clip View |
| ⌘⇧M | Insert MIDI Clip |

## Arrangement Essentials

| | |
|---|---|
| I | Set Loop Start |
| O | Set Loop End |
| ⌘L | Toggle Loop |
| ⌥←→ | Move to Previous/Next Locator |
| ⌘⇧L | Select Looped Section |
| ⌘↑↓ | Double/Half Loop Length |
| ⌥⌘⇧F | Freeze Track |
| T | Audition Take Lane |
| A ◆ | Show/Hide Automation |

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### Advanced MIDI

| | |
|---|---|
| ⌥E+Drag | Divide Note into Equal Parts |
| ⌥⌘J | Fit Notes to Time Range |
| ⌥←→ | Adjust Note Length |
| ⌘←→ | Nudge Note Start Time |
| ⇧←→ | Adjust Note Length (selected) |
| ⌥⌘B | Draw with Probability |
| ⌘⇧E | Export MIDI |

### Time Operations

| | |
|---|---|
| ⌘⇧X | Cut Time |
| ⌘⇧V | Paste Time |
| ⌘⇧D | Duplicate Time |
| ⌥⇧←→ | Select to Previous/Next Locator |
| ⌘⇧Space | Move Insert Marker to Playhead |

### Automation & Envelopes

| | |
|---|---|
| ⌘+Click | Add Automation Breakpoint |
| ⌥⌘+Click | Toggle Breakpoint Curve |
| ⌥+Drag | Curve Envelope |
| ⌘+Delete | Delete Automation on Parameter |

### Warp Markers

| | |
|---|---|
| ⌘I | Add Warp Marker |
| ⌘⇧I | Add Transient Marker |
| ⌥+Double Click | Delete Transient Marker |
| ⌘+Double Click | Create Warp Markers at Adjacent Transients |
| ⇧+Drag | Move Waveform Beneath Warp Marker |

### Selection & Navigation

| | |
|---|---|
| ⌘+Click | Select Multiple (non-adjacent) |
| ⇧+Click | Select Range |
| ⌘⇧↑↓←→ | Select All Clips (direction) |
| Arrow Keys | Move Insert Marker/Selection |
| ⌥0-7 | Focus Control Bar/View |

### Browser & Collections

| | |
|---|---|
| 1-7 | Add to Collection |
| ⌘F | Search Browser |
| ⌘⇧F | Show Similar Files |
| Q | Hot-Swap Device |
| Return | Load Selected Item |
| →← | Navigate/Preview |

### Devices & Racks

| | |
|---|---|
| ⌘⌥P | Show/Hide All Plugin Windows |
| ⌘G | Group to Rack |
| ⌘⇧G | Ungroup from Rack |
| D | Device On/Off |
| Delete/ Double Click | Reset Parameter |

### Comping (Take Lanes)

| | |
|---|---|
| ⌥⌘U | Show/Hide Take Lanes |
| ⌥⇧T | Add Take Lane |
| T | Audition Take Lane |
| Return | Add Take to Main Track |
| ⌘↑↓ | Insert from Next/ Previous Lane |

### Clip View Detail

| | |
|---|---|
| ⌥Space | Play from Insert Marker |
| ⌥1/2/3 | Cycle Tabs (Audio/ Envelopes/Expressions) |
| ⌥⇧1/2/3 | Switch to Specific Tab |
| Z | Zoom to Clip Selection |
| X | Zoom Out from Clip |
| ⌘F9/F10 | Set Clip Start/End |
| ⌘F11/F12 | Set Loop Start/End |

### Contextual Commands

| | |
|---|---|
| M | Toggle Computer MIDI Keyboard |
| ⌘M | MIDI Mapping Mode |
| ⌘K | Key Mapping Mode |
| ⌘⇧C | Capture MIDI |
| ⌘⇧I | Capture and Insert Scene |
| F1-F8 ◆ | Toggle Track Activator (first 8 tracks) |
| F | Momentarily Show Fades |
| R | Reverse Clip |

### Notes:

- Commands with a ◆ symbol can be latched momentarily - hold for ~500ms to temporarily toggle, release to revert
- Hold ⇧ with single-key shortcuts (A, S, B, Z, F, G, K) when Computer MIDI Keyboard is enabled
- Z pressed twice: horizontal zoom + vertical zoom
- F-keys on MacBook Pro: Hold fn or enable in System Settings > Keyboard > Function Keys
- Many shortcuts are contextual based on view/selection

### New in Live 12.3:

- Bounce (⌘B)
- Paste Bounced (⌘⌥V)
- Filter View (⌘⌥G)
- Tag Editor (⌘⇧E)